

Evidence-based Practices and Grants

Executive Summary

What are they?

Programs or practices that have been evaluated multiple times and consistently show that it is effective for the people it is meant to serve.

EBPs exist at the top of a spectrum:

Research-based Practices—A program or practice that has been evaluated but not as rigorously as EBPs. These are shown to be effective with the potential to become EBPs with more testing.

Promising Practices—A practice that has had basic testing and has the potential to become a research-based practice.

Null Outcomes—No significant effect on desired outcomes

Poor Outcomes—Undesirable outcomes

Why are they important?

It's no secret that meeting or exceeding performance (based on data gathered and outcomes of your program or project) is something funders want to see. EBPs/RBPs come with a history of success that is very attractive to funders—from private foundations to federal grantors—who want their money to go far.

How to use and cite in grant applications?

1. Find the original source of the information you are using.
2. Use in-text citation when quoting, paraphrasing, or referencing outside sources (ex. "Big Brothers, Big Sisters is an evidence-based mentoring model for risk prevention in youth (wsipp.wa.gov)."
3. Include a footnote on the page in which you referenced the source (APA style unless otherwise specified in the application).

Examples of each category from the EBP continuum

- *Evidence-based*: Big Brothers Big Sisters; EMDR
- *Research-based*: Vocational and Employment training for youth
- *Promising Practice*: Recovery Support Services (peer support, 12-step, recovery high schools)
- *Poor Outcomes*: Scared Straight; intensive supervision (parole/probation)

Resources

EPB/RBP/PP Inventory

http://www.wsipp.wa.gov/ReportFile/1672/Wsipp_Updated-Inventory-of-Evidence-Based-Research-Based-and-Promising-Practices-For-Prevention-and-Intervention-Services-for-Children-and-Juveniles-in-the-Child-Welfare-Juvenile-Justice-and-Mental-Health-Systems_Report.pdf

Handy Resource to understand EBP

www.wsipp.wa.gov/ReportFile/1672/Wsipp_Updated-Inventory-of-Evidence-Based-Research-Based-and-Promising-Practices-For-Prevention-and-Intervention-Services-for-Children-and-Juveniles-in-the-Child-Welfare-Juvenile-Justice-and-Mental-Health-Systems_Report.pdf

Research-based Adolescent Substance Use Disorder Treatment

<https://www.drugabuse.gov/publications/principles-adolescent-substance-use-disorder-treatment-research-based-guide/evidence-based-approaches-to-treating-adolescent-substance-use-disorders/recovery-support-services>

Evidence-based treatment video

<https://www.bing.com/videos/search?q=what+is+an+evidence+based+practice&&view=detail&mid=4BDD9CD3E79BF3F8DE6B4BDD9CD3E79BF3F8DE6B&&FORM=VDRVRV>

Citation Guidelines

https://owl.purdue.edu/owl/research_and_citation/apa_style/apa_formatting_and_style_guide/general_format.html

Questions or Comments?

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“BUILDING HEALTHIER COMMUNITIES ACROSS NORTH CENTRAL WASHINGTON”