

North Central Accountable Community of Health

ACH 101 - a Medicaid Transformation Primer

A handy guide to the ‘TLAs’ and ‘FLAs’ (Three/Four Letter Acronyms)

ACH: Accountable Community of Health

NCACH: North Central Accountable Community of Health

HCA: Health Care Authority

CMS: Center for Medicaid Services

DOH: Department of Health

FIMC: Fully Integrated Managed Care

CHI: Coalition for Health Improvement

TCDI: Transitional Care and Diversion Interventions

WPCC: Whole Person Care Collaborative

HIT/HIE: Health Information Technology / Health Information Exchange

VBP: Value-Based Payments

SDOH: Social Determinants of Health

EMS: Emergency Medical Services

SUD: Substance Use Disorder

SMI: Serious Mental Illness

MCOs: Managed Care Organization

ASO: Administrative Service Organization

ACO: Accountable Care Organization

MTP: Medicaid Transformation Project(s)

Healthier Washington - HCA

Healthier WA is a statewide initiative that is focused on achieving system wide change.

To achieve these goals, Healthier WA focuses on three goals:

1. Building healthier communities through a collaborative regional approach
2. Integrating how we meet physical and behavioral health needs so that **health care focuses on the whole person**
3. Improving how we pay for services by rewarding quality over quantity

In 2017, nine **Accountable Communities of Health** were formed to achieve these goals.



Five years from now....



Current system

- Fragmented care delivery
- Disjointed care transitions
- Disengaged clients
- Capacity limits
- Impoverishment
- Inconsistent measurement
- Volume-based payment



Transformed System

- Integrated, whole-person care
- Coordinated care
- Activated clients
- Access to appropriate services
- Timely supports
- Standardized measurement
- Value-based payment



What are ACHs?

ACHs are regional organizations that:

- **Address** health issues through local collaboration and shared goals
- **Better** align resources and activities that improve whole person health and wellness
- **Support** local and statewide initiatives such as the Medicaid Transformation, practice transformation, and value-based purchasing



ACH role in the Medicaid Transformation

- ▶ Within the [Medicaid Transformation](#), ACHs play a critical role:
 - [Coordinate](#) and [oversee](#) regional projects aimed at improving care for Medicaid beneficiaries
 - [Apply](#) for transformation projects, and incentive payments, on behalf of partnering providers within the region.
 - [Solicit](#) community feedback in development of Project Plan applications
 - [Decide](#) on distribution of incentive funds to providers for achievement of defined milestones

ACHs continued



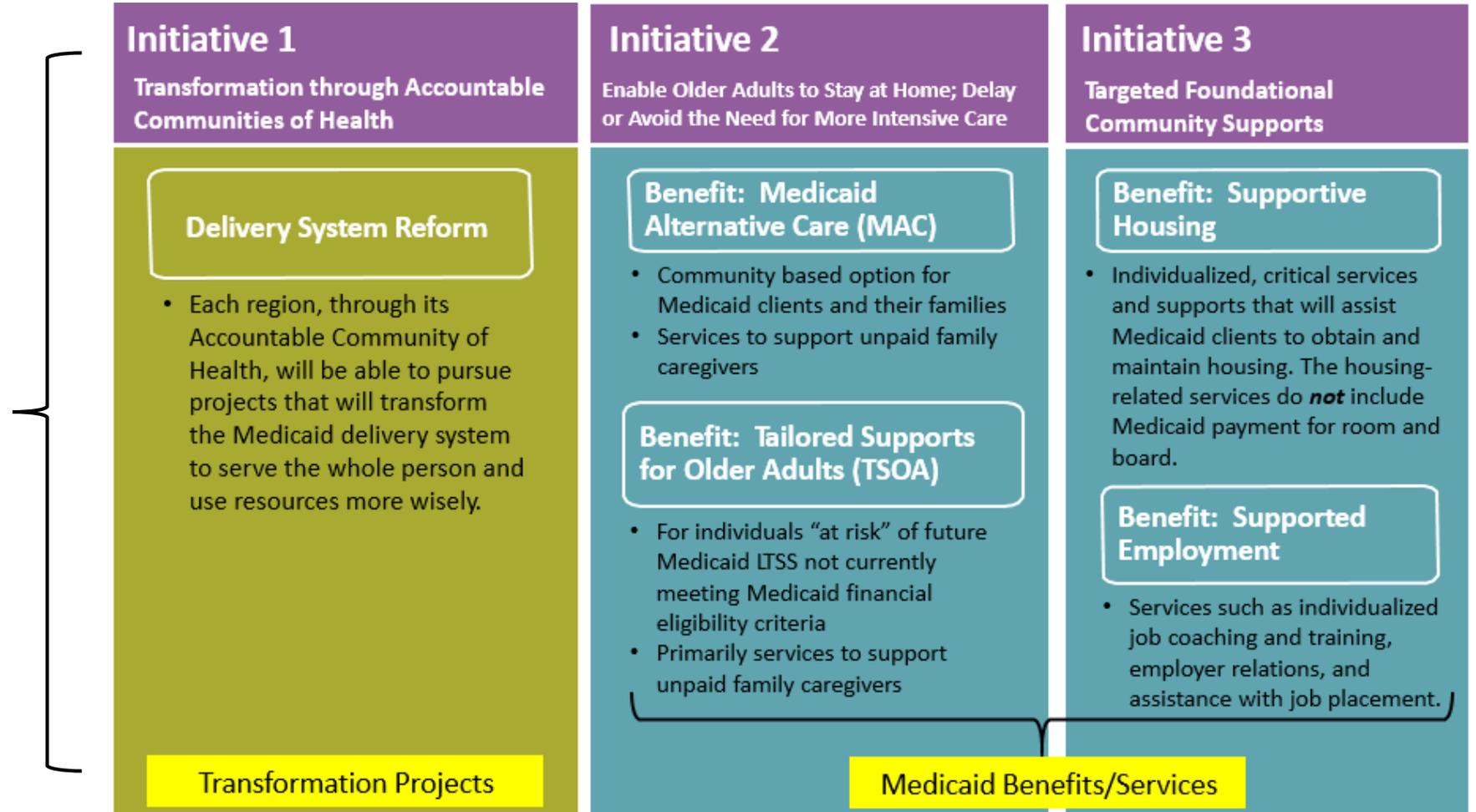
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Source: Healthier Washington

Medicaid Transformation Project

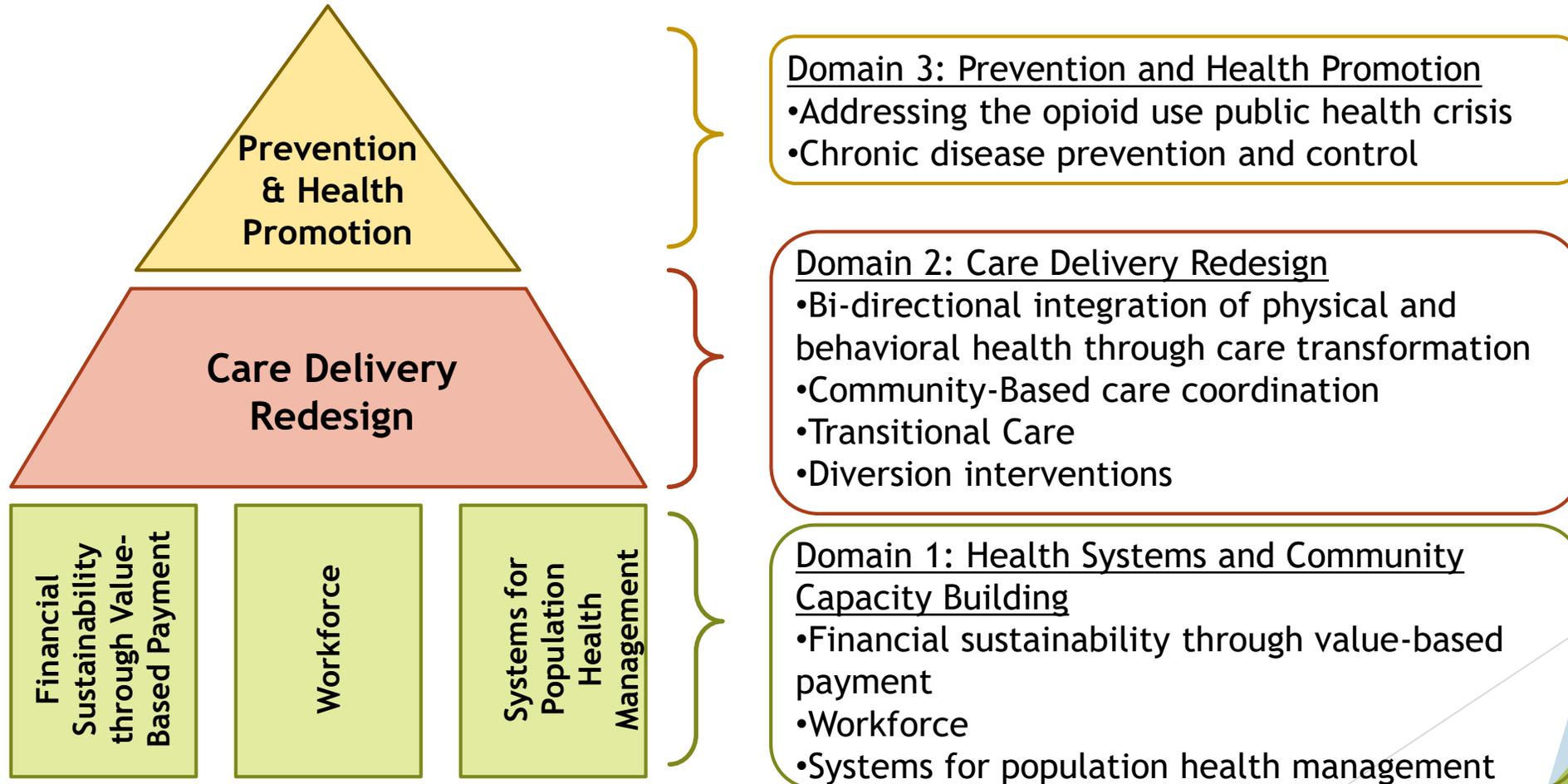
Through a five-year demonstration, Healthier WA will use up to \$1.5 Billion to address three initiatives aimed at transforming Medicaid to improve quality and control costs

Of the \$1.5 Billion available through the Demonstration, **\$1.125 Billion will be available to address Initiative 1.**



Initiative 1: Care Transformation

Medicaid Transformation Projects (MTP)



Funding the Transformation Projects

- ▶ Each project involves metrics
- ▶ Funding will depend, in part, on our performance
 - ▶ This is not a grant program. There will be up-front money for start-up, but much of the project funding must be earned by reaching performance targets.
 - ▶ In the early years of the projects, we will be judged mainly on the progress we make in implementing project plans.
 - ▶ In the later years of the projects, we will be judged mainly in terms of health care improvements such as reductions in unnecessary ER visits and hospitalization, and on clinical quality metrics such as the percent of Medicaid diabetes patients receiving HbA1c testing, percent receiving depression screening, and many others.
 - ▶ It will be a heavy lift to measurably improve Medicaid clinical quality by the end of 2021

MTP ‘Commandments’

- ▶ Domains and Projects *should not* be implemented in isolation from one another.
 - ▶ Projects will be highly interrelated and interdependent
- ▶ Transformation projects must:
 - ▶ Be based on community-specific needs
 - ▶ Avoid redundancy and duplication
 - ▶ Be sustainable after the Medicaid Transformation Project ends
- ▶ Regional projects will be assessed based on achievement of defined milestones and metrics.

NCACH Selected Medicaid Transformation Projects

- ▶ Bi-Directional Integration of Physical and Behavioral Health Care
- ▶ Chronic Disease Prevention and Control
- ▶ Community-Based Care Coordination
- ▶ Diversion Interventions
- ▶ Transitional Care
- ▶ Addressing the Opioid Use Public Health Crisis

NCACH Structure and Governance

within the Medicaid Transformation

WA State
Health Care
Authority



North Central Accountable
Community of Health

NCACH
Governing Board

Coalitions for
Health
Improvement

NCACH
Workgroups

NCACH
Staff

Community
(Chelan, Douglas, Grant,
Okanogan)

WA State Health Care Authority: Guides MTP efforts at statewide level; provides MTP funding

NCACH Governing Board: Advisory leadership body that designates policy decisions, funding allocation, and direction of MTP projects within North Central region

NCACH Workgroups: Advisory bodies that inform and select Medicaid Project toolkit approaches and design implementation plans across North Central Region

NCACH Staff: Support and project management leads for the Medicaid Transformation efforts

Coalitions for Health Improvement: Community voice within Transformation. Informs project development and provides feedback on project implementation. Agents for continuous monitoring and improvement.

NCACH Selected Medicaid Transformation Projects & Workgroups

NCACH Workgroups

▶ Whole Person Care Collaborative (WPCC)

▶ Care Coordination Workgroup (Pathways Community HUB)

▶ Transitional Care and Diversion Interventions

▶ Regional Opioid Stakeholders Workgroup

▶ Bi-Directional Integration of Physical and Behavioral Health Care

▶ Chronic Disease Prevention and Control

▶ Community-Based Care Coordination

▶ Diversion Interventions

▶ Transitional Care

▶ Addressing the Opioid Use Public Health Crisis

How it all works....

Our goal is foster **whole person care** as guiding tenet in our work with regional partners to create healthcare systems that achieve the **Triple Aim**:

- Improve the patient experience of care
- Improve population health, and
- Reduce the per capita cost of health care



Washington Medicaid Transformation

Transformation through Accountable Communities of Health*, 2017-2021

For more information visit the [Healthier Washington website](#)

Key Medicaid Transformation Activities



2017
Year 1

Washington contracts with the Centers for Medicare & Medicaid Services (CMS) to find new ways to make communities healthier by partnering with Accountable Communities of Health (ACHs) on Medicaid Transformation projects.

The nine ACHs pass two levels of certification and each receive \$6 million for planning regional health projects.

ACHs submit Project Plans for the projects they will support in Years 2 through 5.

Provide input to ACHs at meetings, workgroups, councils, and through surveys.

Stay in touch by [signing up for news](#), or emailing medicaidtransformation@hca.wa.gov to join the Feedback Network (include your name and email address).

2018
Year 2

ACHs earn money for reporting information related to their projects (called Pay-for-Reporting, or P4R).

FEBRUARY

ACH Project Plan scores finalized and approval status determined.

HCA releases the Measurement Guide for public review. It shows how the state will measure improvements in making communities healthier, and how ACHs and partners can earn funds for performance.

JULY

ACHs submit first semi-annual report, in which they describe project progress to date. This includes defining the communities they will focus on, and specific steps they will take to make them healthier.

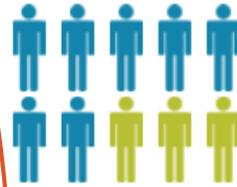
OCTOBER

ACHs submit Implementation Plans describing how they will carry out their projects.

If you are a health or social service provider, ask your ACH about becoming a partnering provider.

Sign up for your ACH's email list to stay in touch with their progress and ways to be involved.

Help your ACH with their Project and Implementation Plans.



2019
Year 3

In addition to reporting on project milestones, ACHs begin earning money based on how well their projects are helping communities (P4P).

JULY

ACHs will participate in a mid-point assessment to identify areas of improvement to ensure successful implementation of projects.

Work with your ACH to support, improve, and strengthen projects.



2020
Year 4

JANUARY

Washington moves to Integrated Managed Care, a model that coordinates physical health, mental health, and drug and alcohol treatment to provide whole-person care under one health plan.

Help your ACH by working on projects, attending meetings, and contributing to reports.



2021
Year 5

DECEMBER

Although Washington's contract with CMS ends, Medicaid Transformation continues. ACHs have the programs and partnerships in place, and communities are reporting measurable progress. Washington's Medicaid program is proving the value of rewarding high-quality, whole-person care.

Continue to help make your communities healthier by working with your ACH to improve health care for all Washingtonians.

How to Get Involved

ACHs will submit reports twice per year (in January and July) about how they are doing on their projects.

* Transformation through Accountable Communities of Health is one of the three initiatives of the Medicaid Transformation Demonstration. The Demonstration is an agreement with the federal government, allowing Washington to test innovative ways of improving health care.

Where we are now...

(April 2018)

- ▶ January 1, 2018: **Fully Integrated Managed Care (FIMC)** adopted in Chelan, Douglas, and Grant Counties
 - ▶ Okanogan County to adopt FIMC in 2019
- ▶ **Whole Person Care Collaborative Learning Community** established
 - ▶ Consists of 17 organizations committed to practice transformation efforts that address ALL six of NCACH's selected MTPs through change plans and financial incentives
- ▶ **Pathways Community HUB** to be launched
 - ▶ **Request for Proposals (RFPs) currently being accepted for a care coordination organization to host and manage the HUB**
- ▶ **Regional Opioid Stakeholders Workgroup** to open partner implementation applications in April 2018, with funding available as early as June 2018
 - ▶ **Open to community organizations, CHIs, and others**
- ▶ **Transitional Care and Diversion Interventions** approaches being established, with implementation slated to begin as early as October 2018

Coalitions for Health Improvement

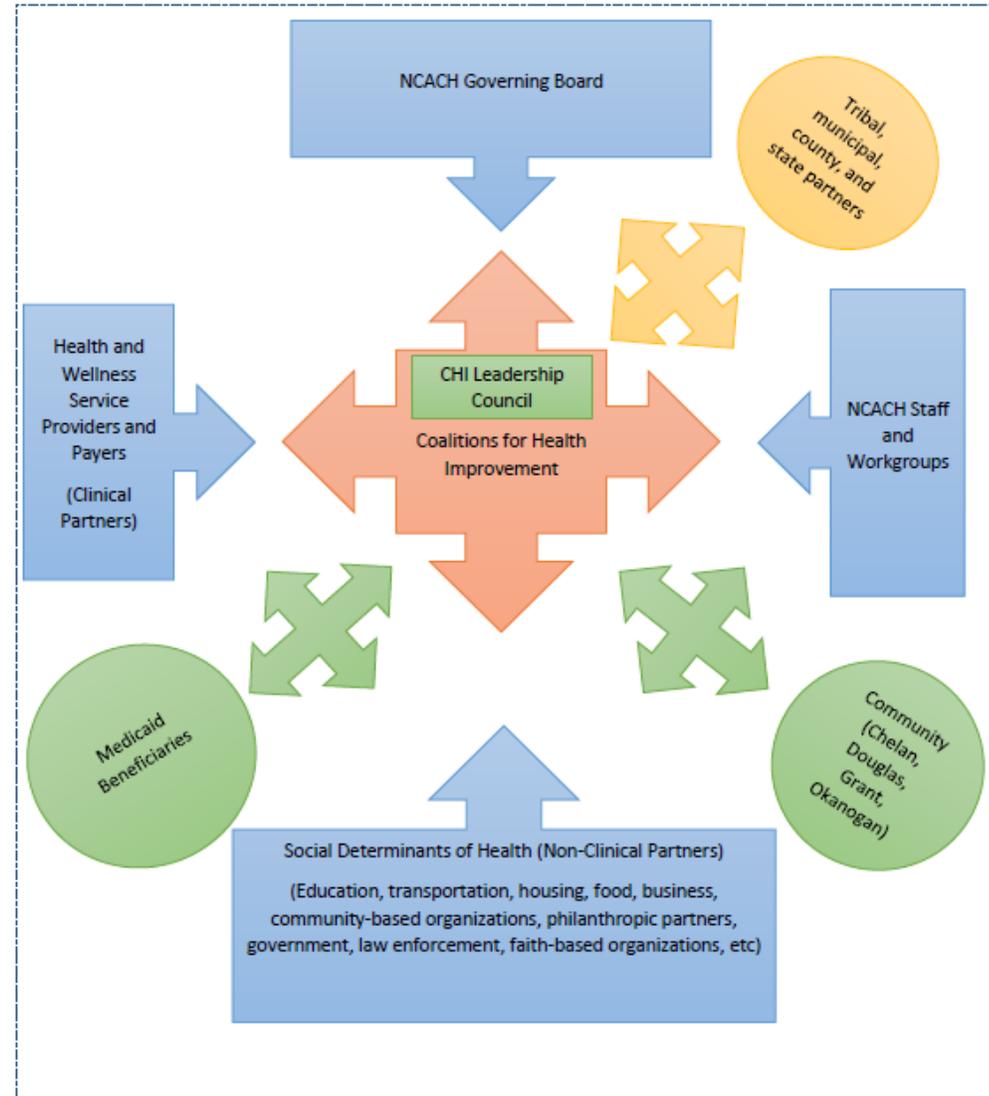
Where our community comes together as partners in health.

- ▶ Established in 2014 to inform and prepare the region for the formation of the Accountable Community of Health. Used to provide critical feedback on community priorities, perceptions of health and health issues, and to select the six Medicaid Transformation projects
- ▶ Primary means of community-level input and representation in NCACH's work
 - ▶ Serves as local conveners by fostering strong linkages between local clinical and social service partners
 - ▶ Key voice in continuous monitoring and improvement efforts - *is it working?*
- ▶ Ensure that county-level priorities and needs are not lost in regionalization process, and are uniquely positioned to address **social determinants of health** based on their expertise and knowledge of local resources

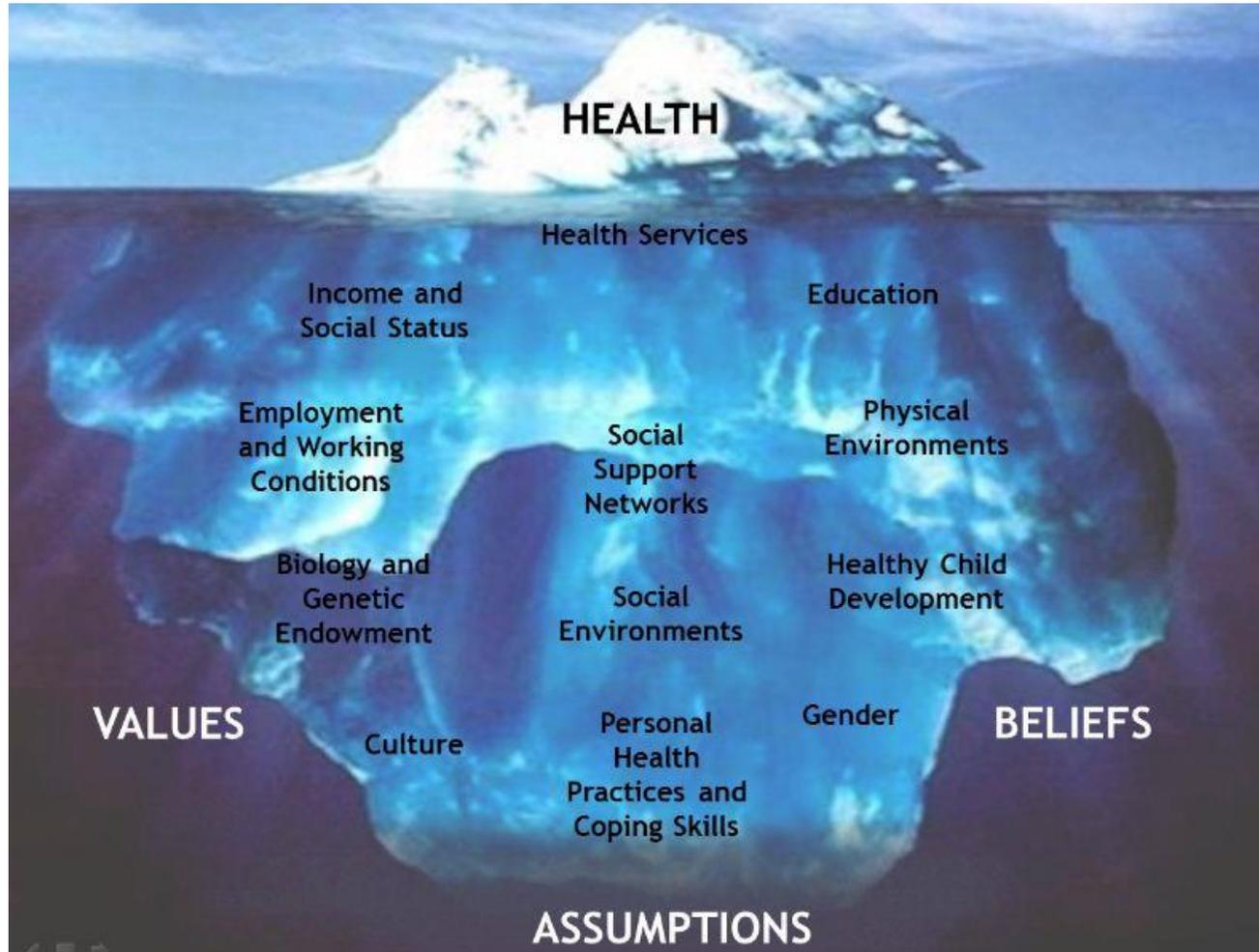
Coalitions for Health Improvement

Continued

- ▶ Each Coalition has a voting seat on NCACH's Governing Board
- ▶ Each Coalition is led by a Leadership Council, which consists of chartered members who support the strategic direction, needs, and goals of each Coalition



Social Determinants of Health



SDOH and Whole Person Care

SOCIAL DETERMINANTS OF HEALTH



<https://youtu.be/8PH4JYfF4Ns>

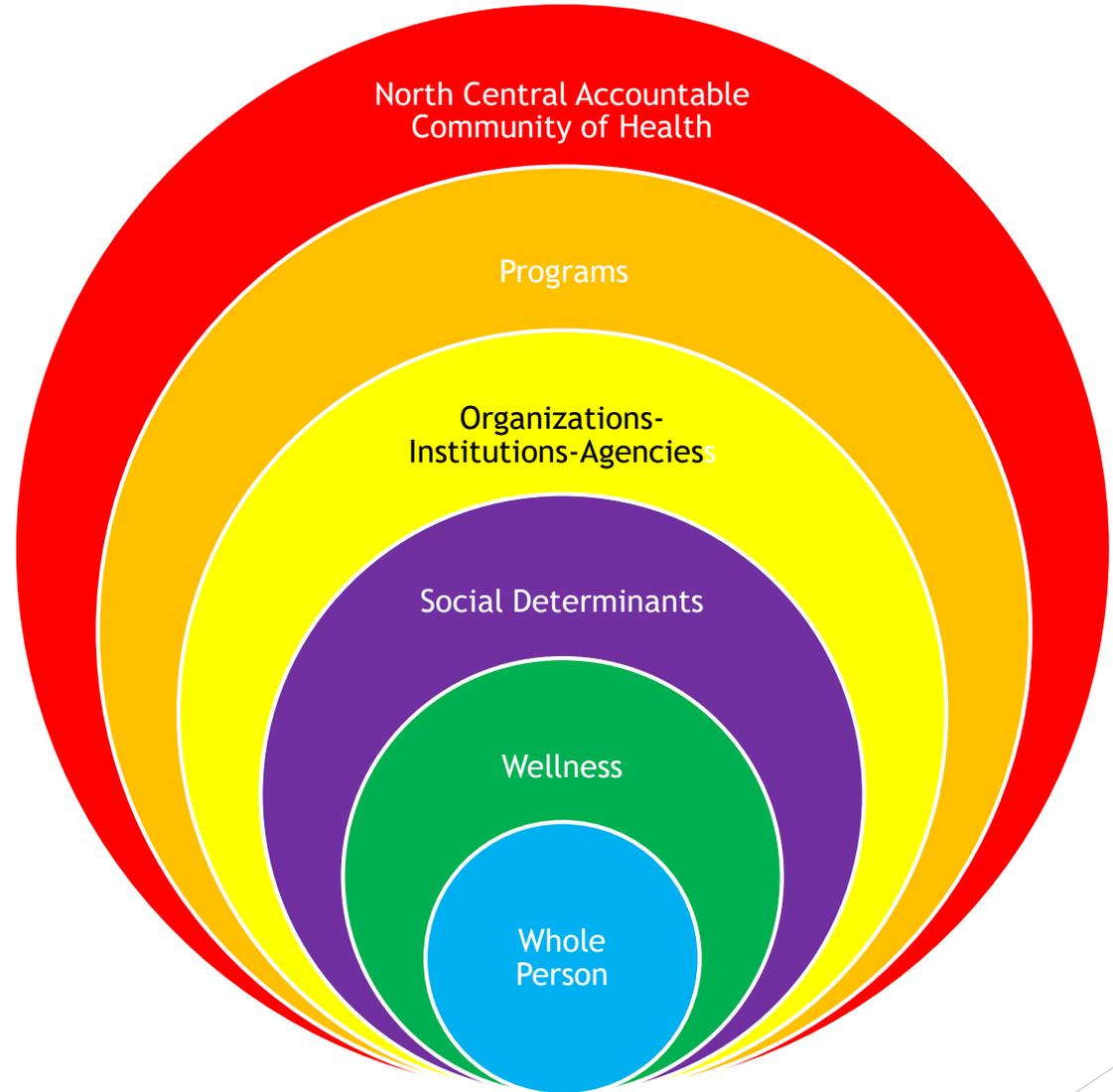
Source: Let's Learn Public Health

Rainbow of Health - where do you fit?

North Central Accountable Community of Health -
Everybody as a partner in community health

Programs - How each organization serves the individual whole person's balanced wellness

Organizations-Institutions-Agencies - Provide the boots on the ground who deliver the services



Social Determinants -
Socio-Economic, Health Behaviors, Clinical Care, Built Environment

Balanced Wellness -
Physical, Emotional, Social, Environmental, Financial, Spiritual

Whole Person -
"Complete state of physical mental and social well being."

Ways to get involved

- ▶ All are welcomed and encourage to participate in your local Coalition, and encourage cross-sectoral participation
- ▶ Seek opportunities for partnership, funding, and innovative solutions for local health and SDOH issues that can leveraged within your local Coalition
- ▶ Provide feedback to NCACH through surveys, forums, and public comment
- ▶ Promote education and awareness around services available for Medicaid beneficiaries, and the work of NCACH in your community
- ▶ Share and collaborate on multi-county initiatives (e.g. data, funding, etc)
- ▶ Join the NCACH mailing list, and attend NCACH community-events and meetings

Confused?

Takeaways

- ▶ Health system transformation is complex and will require collaboration and partnership across all sectors of our community
- ▶ We ALL make up the Accountable Community of Health - together
- ▶ Our region has an opportunity to shape how healthcare is delivered so that it fits the unique needs of North Central Region
- ▶ Health happens outside of the clinic, and we all have a role to play in Whole Person Care

Questions?

North Central Accountable Community of Health

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